

## Fact Sheet

# Standard Plan and Behavioral Health I/DD Tailored Plan Services

An overview of the services offered by the Standard Plan and Tailored Plan.

NC Medicaid Managed Care includes Standard Plans, which are health plans that offer integrated physical health, pharmacy, care coordination and basic behavioral health services and Tailored Plans, which are health plans that offer integrated physical health, pharmacy, care coordination and behavioral health services for members who may have significant behavioral health and substance abuse disorders, intellectual/developmental disabilities (I/DDs) and traumatic brain injuries (TBIs). Standard Plans launched July 1, 2021. Tailored Plans will launch October 1, 2023.

### WHO QUALIFIES FOR A TAILORED PLAN?

NC Medicaid has identified beneficiaries who qualify for Tailored Plans. DSS staff can identify these beneficiaries in NC FAST using the “Managed Care Status” field. Identification for Tailored Plan enrollment is ongoing and beneficiary records will continue to be updated.

Most beneficiaries who qualify for Tailored Plans will remain in NC Medicaid Direct until October 1, 2023, unless they choose a Standard Plan (if applicable).

Standard Plans offer some basic behavioral health services, while Tailored Plans offer enhanced behavioral health, I/DD and TBI services.

Behavioral Health, I/DD and TBI Services <i>Enhanced behavioral health services are italicized</i>	
Standard Plans AND Tailored Plans	Tailored Plans ONLY
<b>State Plan Services</b> <ul style="list-style-type: none"> <li>• Inpatient behavioral health services</li> <li>• Outpatient behavioral health emergency department services</li> <li>• Outpatient behavioral health services provided by direct-enrolled providers</li> <li>• Psychological services in health departments and school-based health centers sponsored by health departments</li> <li>• Peer supports</li> <li>• <i>Partial hospitalization</i></li> <li>• <i>Mobile crisis management</i></li> <li>• <i>Facility-based crisis services for children and adolescents</i></li> <li>• <i>Professional treatment services in facility-based crisis program</i></li> <li>• <i>Outpatient opioid treatment</i></li> <li>• <i>Ambulatory detoxification</i></li> <li>• Research-based intensive behavioral health treatment for autism spectrum disorder</li> <li>• Diagnostic assessment</li> <li>• <i>Non-hospital medical detoxification</i></li> <li>• <i>Medically supervised or alcohol and drug abuse treatment center (ADATC) detoxification crisis stabilization</i></li> </ul> <b>Early Periodic Screening, Diagnostic and Treatment (EPSDT)</b>	<b>State Plan Services</b> <ul style="list-style-type: none"> <li>• <i>Residential treatment facility services</i></li> <li>• <i>Child and adolescent day treatment services</i></li> <li>• <i>Intensive in-home services</i></li> <li>• <i>Multi-systemic therapy services</i></li> <li>• <i>Psychiatric residential treatment facilities (PRTFs)</i></li> <li>• <i>Assertive community treatment (ACT)</i></li> <li>• <i>Community support team (CST)</i></li> <li>• <i>Psychosocial rehabilitation</i></li> <li>• <i>Substance abuse non-medical community residential treatment</i></li> <li>• <i>Substance abuse medically monitored residential treatment</i></li> <li>• <i>Substance abuse intensive outpatient program (SAIOP)</i></li> <li>• <i>Substance abuse comprehensive outpatient treatment program (SACOT)</i></li> <li>• Intermediate care facilities for individuals with intellectual disabilities (ICF/IID)</li> </ul> <b>Waiver Services</b> <ul style="list-style-type: none"> <li>• Innovations Waiver services</li> <li>• TBI Waiver services</li> <li>• 1915(b)(3) services – additional support services that focus on helping beneficiaries remain in their homes and communities</li> </ul> <b>State-funded Behavioral Health and I/DD Services (non-Medicaid)</b> <b>State-funded TBI Services (non-Medicaid)</b>

**Note:**

- Innovations and TBI Waiver services are only available to individuals enrolled in the Innovations or TBI Waiver program.
- Innovations or TBI Waiver beneficiaries who are also dual eligible will be enrolled in the Tailored Plan.
- State-funded services are different for each Tailored Plan.
- Beneficiaries on the Health Insurance Premium Payment program (HIPP) will not lose HIPP due to Tailored Plan enrollment. Innovations and TBI Waiver beneficiaries who are also on HIPP will be enrolled in the Tailored Plan.
- Please refer to [Appendix B - Behavioral Health I/DD Tailored Plan Criteria](#) for additional information.
- Behavioral health services refer to mental health and substance abuse disorders

